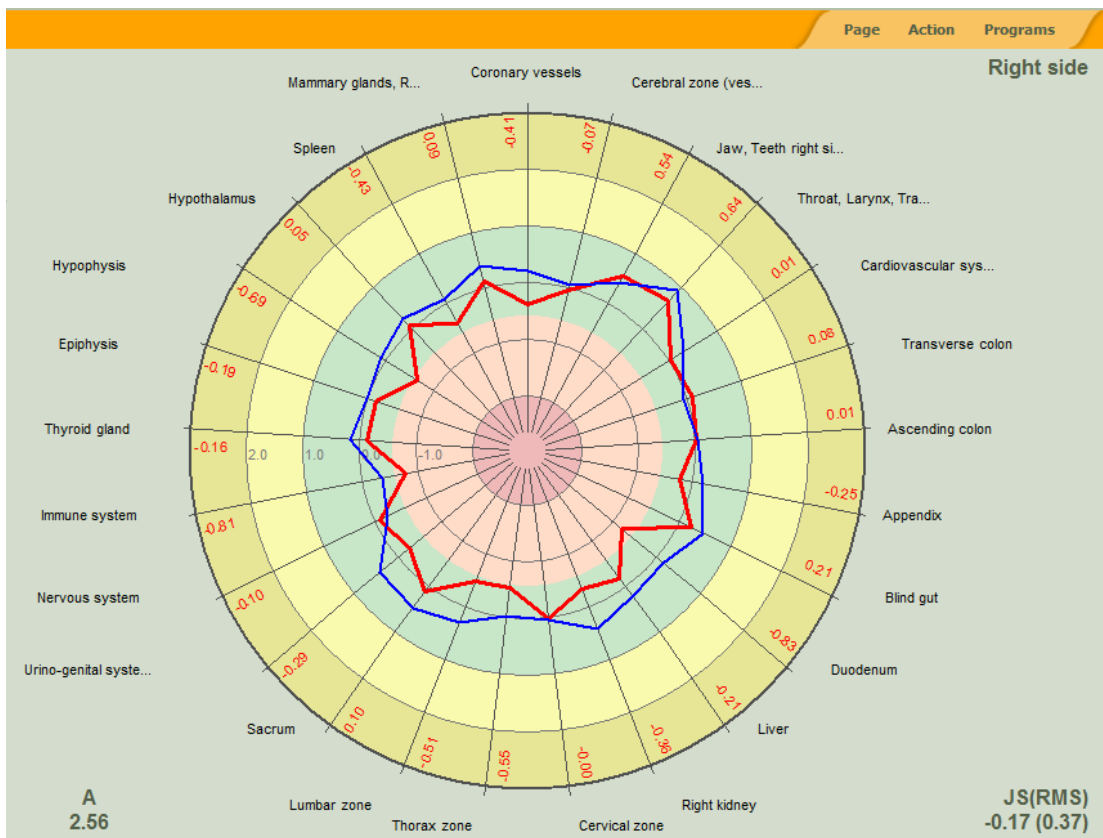


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NAT Structured Water and Structured Breathing Reduce Stress

This is a fine example of how healthy people benefit from Structured Water and Structured Breathing in their daily lives. In the next 3 images, witness the fitness increase with an NAT Portable Unit.

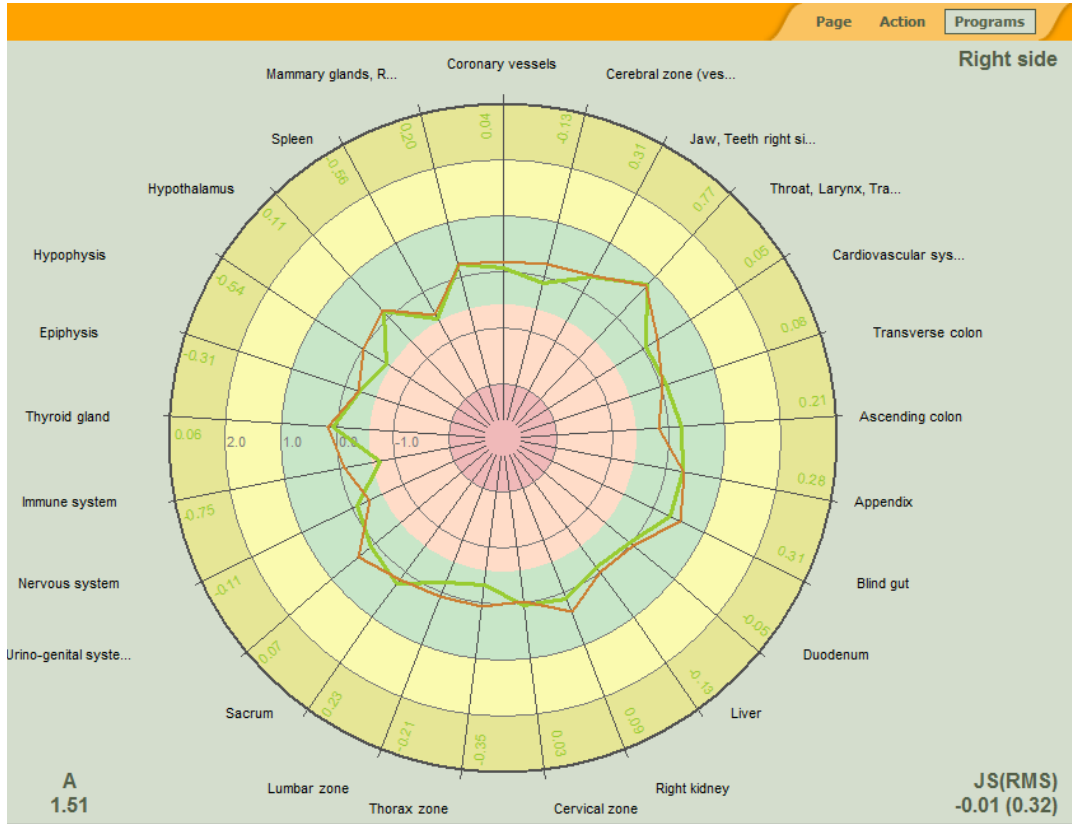
These three GDV Energy Diagram pictures were captured while working with a 50 year old woman in above average physical health. The first GDV Capture (Pic 1) shows a lot of angularity (stress) in the Emotional (Red) Line, with an A (Stress) Rating of A 2.56, an acceptable level of stress for normal daily activities. However, the stress is actually taking this woman into a light deficiency state in the immune system, small intestine, and brain stem areas.



Pic 1. Baseline. 50 year old. Emotional Body (Red line). Physical Body (Blue line).

Now, enter NAT Structured Water!

Look what happens (Pic 2) when one 8 oz. glass of NAT structured water is consumed. The Red Line (now Green) shows the Emotional Body has smoothed out by losing a large number of angles. It has also moved away from the pink deficiency state caused by the emotions, and is returning to perfect health. The A 2.56 rating has dropped significantly to A 1.51. We also see that the two lines (green and brown) have become more congruent and integrated (closer together) than the baseline Red and Blue lines. This is what happens with structured energetics!



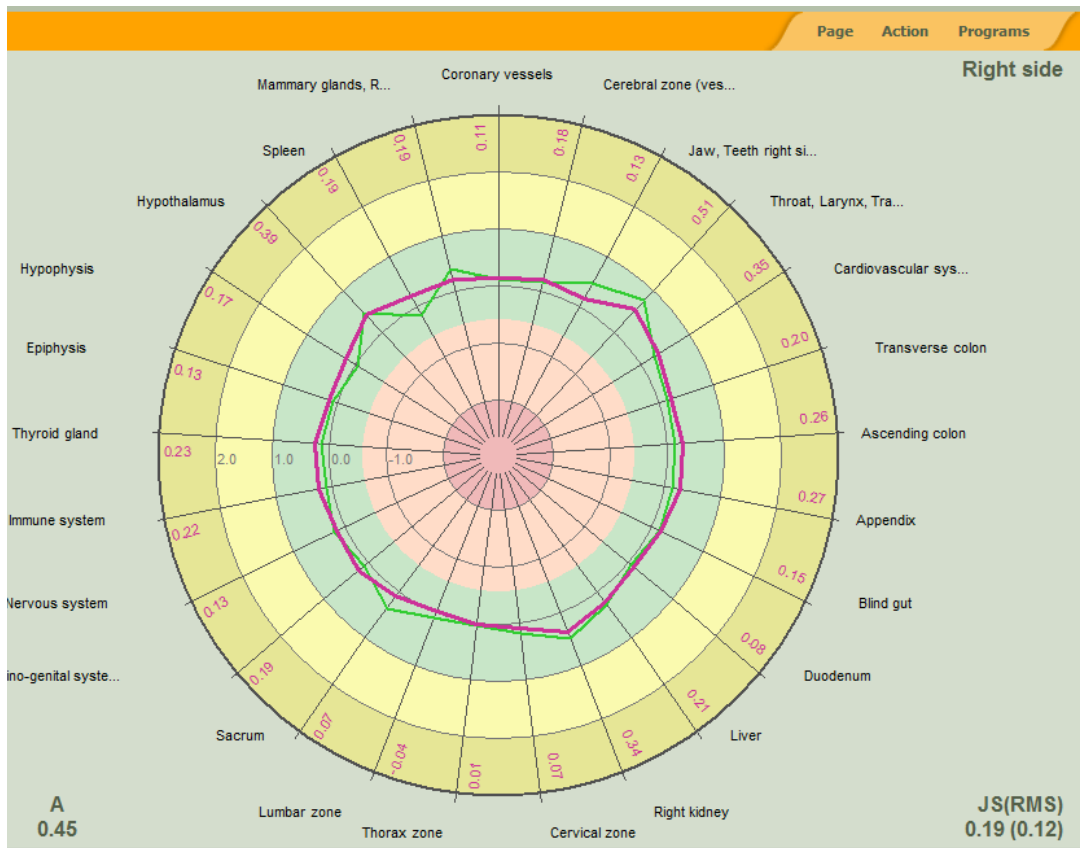
Pic 2. After 8 Oz. Structured Water. Emotional Body (Green line). Physical Body (Brown line).

After the Structured Water (Pic 3), she performed 3 breaths each through the 5 Step Structured Breathing Procedure. (a total of 3 minutes). Still again, realize from the Structured Breathing another beautiful reduction in stress and a greater increase in organ function and congruency!

Notice how the strong angles of her baseline Red and Blue Lines have turned into virtually smooth circles, an indication of even greater congruency and stress reduction. This is backed up by the fact that her A rating has reduced even further by dropping to A 0.45. Incredible! This is like a beginner engaged for an hour in qi gong, but here, in only a couple of minutes of structured breathing.

There is no longer any pink deficiency states showing as in the baseline...only maximum congruency and integrated green and purple lines.

When are you incorporating structured water and structured breathing with Natural Action structuring units into your daily health regimen?



Pic 3. After Structured Breathing 5 Step Procedure. Emotional Body (Green line). Physical Body (Purple line).

A new day of health has arrived when you do!

Research at Natural Action Technologies, 2/11/2016